Come Along
Munich for children & their families
Dear children, dear parents,

There’s so much to discover here in Munich! Not only for those who actually live here but also for families who come to our city as guests. It doesn’t matter whether you come with your school, with your parents, grandparents, friends or relatives. Out of the large variety of things to do in Munich, we chose a small number of activities which are free of charge or come at a very reasonable price. This brochure contains a range of tips and suggestions for the summer months which will all be great fun for children!

For example, the Englischer Garten and the banks of the river Isar are nice places to relax and play. Or you can enjoy the great view of the city from one of Munich’s towers. There are exciting museums and magnificent castles which are well worth a visit – not only in bad weather. The many green and open spaces are there for playing and discovering.

The Munich Holiday Pass (for children, valid during Bavarian school holidays) and the Munich Family Pass (for families from Munich and the surrounding area, valid all year round) will get you discounts for many events, sights, swimming pools and public transport.

Have a good time!

Jana Frädrich
City of Munich’s Ombudsperson for Children
If you would like to know what Munich has to offer, your first point of contact should be the City Hall on Marienplatz. This is where the Stadt-Information (City Information), the Kinder- und Familieninformation (Information Center for Children and their Families), and the Tourist Information are located. They hold free information magazines and brochures on the City of Munich containing lots of tips and dates, such as the Stadtwiesel agenda for kids, ready for you to take with you. You can buy city maps there and, if necessary, get an expert’s advice on what to do. Pomki, our internet portal for children, provides comprehensive information on different activities for children at www.pomki.de

Stadt-Information
City Hall, Marienplatz 8
Tel. 089 233-28242
Mon-Fri: 9.30 am - 7.30 pm
Sat: 10 am - 4 pm
Disabled access friendly

Kinder- und Familieninformation
City Hall, Marienplatz 8
Tel. 089 233-25025
Tue & Thu: 3 pm - 7 pm
Disabled access friendly

KinderInformationSpielraum Stadt
the Info Point for Children provides information on all the activities for children currently offered in Munich
Albrechtstraße 37
KIDS in the JIZ, Sendlinger Str. 7
Tue-Thu: 1 pm - 5 pm
Sat: noon - 4 pm
In August: summer break
Tel. 089 /18 33 33 (machine announcing the calender for the week)

The best way to move around Munich is by public transport. Suburban trains, subways, tramways and buses will take you everywhere you need to go. For more information on timetables or fares, turn to the MVG service center.

Public Transport Service Center
Marienplatz, intermediate story of the subway and suburban train station
Tel. 0800 344 22 66 00 (free call)
Mon-Fri: 8 am - 8 pm;
Sat: 9 am - 4 pm

Ranging from slides for toddlers to skater halfpipes: Munich’s 740 playgrounds leave nothing to be desired. For example the adventure playgrounds in Hasenbergl and Ramersdorf are perfect for playing and romping around.

Adventure playground in Neuhausen (ASP) – „Green oasis in the heart of the city“
You are a decision maker on this playground. Find your element: earth, fire (place), water (slide) or air (streamer). Various areas and themes of games and activities are waiting to be discovered by kids! We gladly assist you with implementing your ideas. For adults and preschool children, we have a “reserve” and offer activities for any generation.

Hanebergstraße 14
Tel. 089 155 333
asp.neuhausen@kjr-m.de
during school term time, Mon., Tues., Wed. and Fri. 2 pm - 6 pm; in the school holidays, on weekdays Mon.- Fri. 2 pm - 6 pm (closed mid-Nov. until January)

Water Playgrounds
On many of Munich’s playgrounds, you’ll find “splash and play” areas with running water. The water playground in the Hirschgarten is located on a large meadow, close to the deer enclosure. In the eastern part of the Westpark you’ll even find two lovely water playgrounds. Disabled access friendly.

Tip: Play Afternoons in the Parks
In good weather, free play afternoons take place in Ostpark, Westpark, Luitpoldpark and Riemer Park every Sunday from 2:30 pm until 6 pm. Everyone who likes to play is more than welcome to join us! These events are organized by the Munich Sports Office. Tel. 089 233-96772, www.sport-muenchen.de
Discovering Munich: the Inner City

Marienplatz – City Hall (carillon)
Our first city tour starts right on Marienplatz. Munich’s Lord Mayor works in this beautiful building. Three times a day, the carillon can be heard and observed in an oriel on the City Hall’s wall. In the upper part, a “tournament” is displayed and in the lower part, the Schäffler figurines dance to different melodies.

Munich City Museum
Do you want to know what Munich looked like in the past? Then the permanent exhibition “Typisch München!” (Typically Munich) in the City Museum is the place for you to go. When you feel you’ve learned enough about the city’s history, you’ll still have time to have a look at the Museum’s 2,000 musical instruments or the collection of marionettes.

Tip: Playground on St.-Jakobs-Platz
There is a small playground directly on St.-Jakobs-Platz, behind the New Synagogue and the Jewish Center. Just take some time to take a rest or play a little.

Viktualienmarkt
Now, let’s head to the Viktualienmarkt. The term Viktualien is derived from the Latin word victus which means food. The Viktualienmarkt used to be a farmers’ market in the past. Today, delicacies from all over the world are sold here. You can just stroll across the market and have a look at all the different stands. But can you also find the six different fountains on the market? Each one of them is dedicated to a famous person from Munich. The most popular one among them is probably Karl Valentin.

Tip: Valentin-Karlstadt-Musäum
If you’d like to know more about this famous couple of Munich comedians and see some funny things, go to the “Musäum” located in the Isartor. You’ll see some interesting inventions like the “winter toothpick” which will make your visit unforgettable.
On foot or by bike: there are so many different options for play and sports here in Munich that there’s never a reason to be bored. Here are some examples of how you can actively experience your city.

**Cycling**
About 350 km of well-marked cycle paths give you a great opportunity to experience Munich by bike. Just take a cycling tour with your family – there’s so much to discover. And if you’re getting tired and the trip turns out to be too long, you can even take your bike with you on an extra ticket in the designated suburban and subway trains. If you’d like to rent a bike, just ask at the Tourist Information.

**The Natural Swimming Pool Maria Einsiedel**
If you love to swim and play in the water, the natural swimming pool Maria Einsiedel is the right place for you to be. It’s like swimming in a lake, without any chemical additives. The Isar Canal flows through the large park-like outdoor pool area located in the Isar wetlands. Maria Einsiedel promises a day of fun and recreation for young and old. With a 50m-pool, a large non-swimmer’s pool, a playground, table tennis and a grassy soccer field, everybody will find their perfect pastime. Munich’s indoor and outdoor swimming pools are always worth a visit. For more information go to: www.swm.de

**Tip: Skating in Munich**
You can also experience Munich on your rollerblades. Especially parks and the cycle paths along the river Isar are great for skating. The paths in the Olympic Park are particularly well-suited for skaters: with a skater park, streetball courts, soccer fields and many playgrounds, the Park offers families a great variety of things to do!

Munich’s parks and the Isar wetlands are recreational areas located right in the city. If you’d like to take a mini vacation in the afternoon, you’ll never have to go very far to find a place to relax and play.

**Englischer Garten**
The *Englischer Garten* (English Garden), one of the largest parks in the world, is located in the very heart of Munich. You can play, run, ride your bike, skate, have a picnic, go on a boat or just relax here. Just try and take a walk from Odeonsplatz (U5) through the Hofgarten into the Englischer Garten. You can follow the paths up to the *Chinesischer Turm* (Chinese Tower) or even to Kleinheisseloher See. And even when you’ve walked all this way, you won’t have seen the whole Englischer Garten yet! Disabled access friendly.

**Westpark**
The Westpark is a paradise for children and families. There’s a lot to see in the different sections of the Park of Nations. Trails lead you through a versatile park with a large lake and several smaller ponds. A number of playgrounds are waiting for you to discover them. And time will fly when you’re having fun at one of the countless cultural events offered. Also, the *Spielmeile* (playing zone) in Milbertshofen and the Ostpark are well worth a visit!

**Tip: Eating in a Beer Garden**
There is an old tradition in Munich’s beer gardens: guests can bring their own food to the beer garden and eat it there. Beverages must be bought from the beer garden though. There are signs indicating which tables belong to the self-service area and at which you can order food and beverages like in a normal restaurant.
Deutsches Museum – Planet Walk – Isar – Flaucher – Bischweiler Municipal Tree Nursery – Zoo

Along the River Isar – the Planet Walk
Take a stroll from the Deutsches Museum to the Munich Zoo ("Tierpark Hellabrunn") and discover the incredible vastness of the universe. The trail starts in the inner courtyard of Deutsches Museum at the solar station with a huge ball representing the sun. Then continue along the Isar: you’ll pass information columns telling you interesting facts about Mercury, Venus, the Earth, Mars, Jupiter, Saturn, Uranus and Neptune. After 4.5 km, you’ll reach the entrance of the zoo where you’ll find the last station of the Planet Walk with information on Pluto. The walk will take you approximately 1 hour, but remember that every step you take here would equal roughly one million kilometers in space!

Deutsches Museum, Museumsinsel 1
Tel. 089 21791
9 am-5 pm

Restaurants, beer gardens, cafés
U1, U2 Frauenhoferstraße, bus 132 Boschbrücke, tram 17 Frauenhoferstraße, tram 18 Isartor
Disabled access friendly

Along the River Isar – the Bischweiler Municipal Tree Nursery
In the municipal tree nursery, gardeners have created a number of theme gardens to be experienced with all five senses. In June and July for example, visitors can enjoy a colorful spectacle. The scented garden will test the abilities of your nose. In the tactile garden, you can try to feel the plants and then “read” in braille letters what it was you actually touched. The garden containing poisonous plants is also particularly interesting.

Sachsenstraße 2
Tel. 089 62171442
April-September: Mon-Fri: 7 am-9 pm, Sat, Sun, publ. holidays: 9 am-9 pm
Disabled access friendly

Restaurants, beer gardens, cafés
U1, U2, U7 Kolumbusplatz; bus 58 Claude-Lorrain-Straße

The Hellabrunn Zoo
The Munich Zoo ("Tierpark Hellabrunn") is a natural park situated in the nature preserve of the Isar wetlands. Founded in 1911, this was the first so-called "geo zoo" in the world. In a geo zoo, the animals are grouped according to the continents they actually come from. That way, you can quickly walk from Europe to Australia and watch the kangaroos hop around in their spacious preserve.

Tierparkstraße 30
Tel. 089 625080
April-October: 9 am-6 pm
Disabled access friendly

Children aged 4-14: € 5; Students € 10; Adults: € 14; Families: € 17 or € 30
Beer garden, restaurants, cafés
U3 Thalkirchen; bus 52 Tierpark (Alemannenstraße) tram 18/25 Tiroler Platz.

“Me and my son (12) like to go to „our“ outdoor fitness center. It’s called 4Fcircle, the four Fs standing for fit, free, fun, and function. It is situated in the eastern Isar wetlands, close to the Entenweiherr and very easy to reach with the U1 (stop: Candidplatz). Around the clock, children, youths and grown-ups can exercise here.”
Jana Frädrich, City of Munich’s Ombudsperson for Children

Along the River Isar – to the Flucher
The river Isar flows through Munich from the city’s southwest to the northeast. Throughout the municipality, the river is a designated nature preserve. Since 1999, the river has been renaturalized in a considerable effort, which means that it is being brought back from a straightened canal to an almost-natural course. Many new animal and plant species have found a home here and at the same time, the Isar’s water quality has improved so much that you can now actually bath, play, splash around and swim in the river! But be careful: the Isar is and will always remain quite a rapid stream!

Tip: Splashing around at the Flucher
The area between Brudermühlbrücke and the Fluchersteg is called “Flucher.” This is a great place for you to play or take a rest.

2 km
Restaurants, beer gardens, cafés
U1, U2, U7 Kolumbusplatz; bus 58 Claude-Lorrain-Straße

2 km
Children up to the age of 4
Discovering Munich: Nymphenburg

Botanical Garden – Nymphenburg Palace – Museum Mensch und Natur – Hirschgarten

Botanical Garden
A visit to the Botanical Garden is a great experience in all seasons! There are around 14,000 different species of plants growing along the circular paths and in the greenhouses. The Alpine Garden cultivating mountain plants from all around the world is particularly beautiful. But you also shouldn’t go back home before having rambled through the Botanical Garden’s fabulous fern gorge!

- Menzinger Straße 61-65
  Tel. 089 17861321
  September-April: 9 am-6 pm
  May-August: 9 am-7 pm
  Children up to the age of 18
  Disabled access friendly

Nymphenburg Palace Grounds
From the Botanical Garden, there is a direct way to get to the Nymphenburg Palace grounds. Once you’re there, you will find that there is really a multitude of things to discover there: you can take a tour of the Palace itself, you can walk through the park like the nobles did 300 years ago, or you can visit the smaller pavilions in the park. When drafting the Badeschlösschen (Bathing Pavilion) in 1718, prince-elector Max Emanuel was inspired by the thermal baths of Turkey. Back then, he built the first heatable “indoor swimming pool” in Europe.

- Nymphenburg Palace
  Tel. 089 179080
  April-15 October: 9 am-6 pm
  Palace grounds, pavilions and main castle: Children up to the age of 18
  Disabled garden, café

- Overall ticket: €11.50 April to mid October, reduced price: €9, €8.50 mid October to the end of March. Reduced price: €6.50
  Main castle: €6, Pavilions: €4.50

Hirschgarten
“...on the Postwiese in Haidhausen (on Pariser Straße). There are some small ramps you can use with your skateboard and a large grassy soccer field.”

Ferdinand, 9 Jahre, member of the Munich Team for Children’s Rights

- Museum Mensch und Natur – Museum of Natural History
  In the northern wing of the Nymphenburg Palace, you’ll find the Museum Mensch und Natur, a museum of natural history. It is based on many interactive elements and is thus very interesting for young and old alike. Take part actively and experience natural history in a playful way which will be great fun! You’ll see lots of impressive natural objects, replicas and models.

- Schloss Nymphenburg
  Tel. 089 1795890
  Tue, Wed, Fri: 9 am-5 pm;
  Thu: 9 am-8 pm; Sat, Sun, publ. holidays: 10 am-6 pm
  Children and adolescents up to the age of 18
  Adults: €3.50, Reduced price: €2

- Overall ticket:
  €11.50 April to mid October, reduced price: €9, €8.50 mid October to the end of March. Reduced price: €6.50
  Main castle: €6, Pavilions: €4.50

- Suburban trains Laim, Hirschgarten; tram 12, 16 Romanplatz or Kriemhildenstraße

- You can eat your own food in the rooms provided.

- Restaurant
  Tram 17, bus 51 Schloss Nymphenburg; tram 12, 16 Romanplatz
  Disabled access friendly

- Beer garden
  Tel. 089 17999119
  Tram 17, bus 51 Schloss Nymphenburg; tram 12, 16 Romanplatz
  Disabled access friendly
There are many different museums in Munich. Ranging from classic exhibitions to interactive museums, there is a lot to discover! Celebrations and events taking place there are great fun for the entire family.

**Museum Reich der Kristalle – House of Crystals**
Are you fond of crystals and gemstones? Would you like to see real moon rocks or rocks which have fallen from the sky? Then you should definitely visit the *Museum Reich der Kristalle*. In a special, dark room, you’ll experience the magic sight of minerals glowing in the darkness.

**Blutenburg Castle**
If you come to visit the International Youth Library at the Blutenburg Castle, you’ll find a castle full of books! You can delve among books at the Michael Ende Museum, in the James Krüss Tower or the Binette Schröder Chamber. A multitude of events taking place at the Blutenburg Castle will give you many opportunities to hear great stories, discover lots of interesting things and get involved yourself!

**Kinder- und Jugendmuseum – Children’s Museum**
At the *Kinder- und Jugendmuseum*, there are lots of activities for you to take part in and a great deal of things to discover yourself! In changing exhibitions, you’ll always find new things to explore.

**Auer Dult**
Three times a year, the square around Mariä-Hilf-Kirche in the city district of Au becomes one of the most popular places to be in Munich. A family-friendly festival and a traditional fair attract the young and the old with market stalls and “soft” rides.

**Glyptothek**
Many people say that the *Glyptothek* is Munich’s most attractive museum. If you’re interested in Greek and Roman myths, you should have a look at the museum’s stone sculptures. They were made at a time when people told each other these ancient legends.