What we offer

We offer counseling and assistance in the following situations:
- personal emergencies and financial distress
- family or relationship conflicts
- difficulties with childcare and education
- questions on separation/divorce and child custody
- housing problems and imminent homelessness
- life crises and psychological distress
- social problems due to age or illness

We can arrange assistance
- for families in emergency situations
  according to the German children and youth services act for
  - marriage, educational and family counseling
  - assistance in child education
  - debt counseling, voluntary benefits

We are your initial contact and will take protective measures for children, youths and adults in the following situations:
- violence
- endangerment
- neglect

Your Entitlements

Dear citizens of Munich,

Are you currently in a situation where you need information, counseling or assistance? Your district’s social work facility serves as a municipal provider of social services offered by the City of Munich. These services are available in social service facilities (Sozialbürgerhäuser) and in the central support facility for the homeless (Zentrale Wohnungslosenhilfe).

Our social workers will be happy to support you in your current living situation. Our services are available to all citizens of Munich, regardless of their sex, cultural or social background, age, religion, world view, disability, sexual or gender identity.

You will receive qualified and confidential counseling free of charge.

In all our services we are bound to professional discretion.

If necessary, we can also come to your home to assist you. In order to provide the best possible services, we will cooperate with the other employees of your Sozialbürgerhaus, if you agree.

You can help, too!

Please contact us if someone you know is in trouble and you cannot help them. We will get in contact with the person concerned and initiate the necessary support.

You will find us in the Sozialbürgerhaus (SBH) of your city district.