

# Come Along Munich for children & their families nweg. Isar. Flaucher.

# Invitation

Dear children, dear parents,

There's so much to discover here in Munich! Not only for those who actually live here but also for families who come to our city as guests. It doesn't matter whether you come with your school, with your parents, grandparents, friends or relatives. Out of the large variety of things to do in Munich, we chose a small number of activities which are free of charge or come at a very reasonable price. This brochure contains a range of tips and suggestions for the summer months which will all be great fun for children!

For example, the Englischer Garten and the banks of the river Isar are nice places to relax and play. Or you can enjoy the great view of the city from one of Munich's towers. There are exciting museums and magnificent castles which are well worth a visit – not only in bad weather. The many green and open spaces are there for playing and discovering.

The Munich Holiday Pass (for children, valid during Bavarian school holidays) and the Munich Family Pass (for families from Munich and the surrounding area, valid all year round) will get you discounts for many events, sights, swimming pools and public transport.

Have a good time!



Jana Frädrich City of Munich's Ombudsperson for Children



# Contents

Invitation	2
Contents/User Information	3
Where to get Information from	4
Playing	5
Discovering Munich: the Inner City	6-7
Sports	8
Recreation	9
Discovering Munich: the River Isar	10-11
Discovering Munich: Nymphenburg	12-13
Museums and More	14-15

## **User Information**

- Address
  Opening hours
  Admission (as of 2017\*)
  Free of charge
  You can bring your
  - You can bring your own food
  - Restaurants, beer gardens, cafés nearby



# Public transport stop (subway, suburban train, tram, bus) Distance in meters/kilometers Age group addressed

3-6 7-10 11-14

\* The usual discounts are not specified separately

If you would like to know what Munich has to offer, your first point of contact should be the City Hall on Marienplatz. This is where the Stadt-Information (City Information), the Kinder- und Familieninformation (Information Center for Children and their Families), and the *Tourist Information* are located. They hold free information magazines and brochures on the City of Munich containing lots of tips and dates, such as the Stadtwiesel agenda for kids, ready for you to take with you. You can buy city maps there and, if necessary, get an expert's advice on what to do. Pomki, our internet portal for children, provides comprehensive information on different activities for children at www.pomki.de



### KinderInformationsDienst Spiellandschaft Stadt

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the Info Point for Children provides information on all the activities for children currently offered in Munich

M Albrechtstraße 37

12

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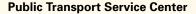
KIDS in the JIZ, Sendlinger Str. 7

Tue-Thu: 1 pm-5 pm

Sat: noon-4 pm Disabled access friendly In August: summer break

Tel. 089/18 33 35, www.spiellandschaft.de, www.stadtwiesel.de Tel. 089 /18 33 33 (machine announcing the calender for the week)

The best way to move around Munich is by public transport. Suburban trains, subways, tramways and buses will take you everywhere you need to go. For more information on timetables or fares, turn to the MVG service center.



Marienplatz,

Mon-Fri: 8 am - 8 pm; Sat: 9 am-4 pm

intermediate story of the subway and suburban train station Tel. 0800 344 22 66 00 (free call)

Ranging from slides for toddlers to skater halfpipes: Munich's 740 playgrounds leave nothing to be desired. For example the adventure playgrounds in Hasenbergl and Ramersdorf are perfect for playing and romping around.

### Adventure playground in Neuhausen (ASP) - "Green oasis in the heart of the city"

You are a decision maker on this playground. Find your element: earth, fire (place), water (slide) or air (streamer). Various areas and themes of games and activities are waiting to be discovered by kids! We gladly assist you with implementing your ideas. For adults and preschool children, we have a "reserve" and offer activities for any generation.

Hanebergstaße 14 Tel. 089 155 333 asp.neuhausen@kjr-m.de U1 Gern & tram 20, 21 Olympiapark West

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during school term time, Mon., Tues., Wed. and Fri. 2 pm - 6 pm; in the school holidays, on weekdays Mon.- Fri. 2 pm -6 pm (closed mid-Nov. until January)

Groups and parties only by appointment during service hours!







### Water Playgrounds $(\cdot)$

On many of Munich's playgrounds, you'll find "splash and play" areas with running water. The water playground in the Hirschgarten is located on a large meadow, close to the deer enclosure. In the eastern part of the Westpark you'll even find two lovely water playgrounds. Disabled access friendly.

## Tip: Play Afternoons in the Parks $(\mathbf{S})$

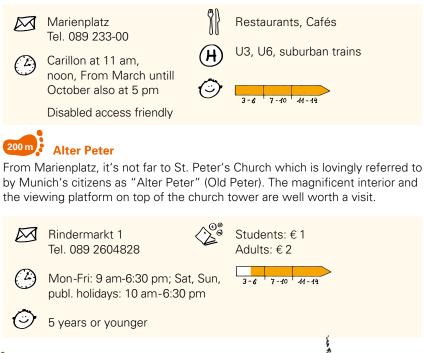


**Playing in Munich** 

Marienplatz – City Hall with its carillon – Alter Peter City Museum – Playground on St.-Jakobs-Platz Viktualienmarkt – Valentin-Karlstadt-Musäum

### Marienplatz – City Hall (carillon)

Our first city tour starts right on Marienplatz. Munich's Lord Mayor works in this beautiful building. Three times a day, the carillon can be heard and observed in an oriel on the City Hall's wall. In the upper part, a "tournament" is displayed and in the lower part, the Schäffler figurines dance to different melodies.





The Englischer Garten is my favorite place in Munich. In summer you can enjoy swimming in the Isar river that flows through it. The northern part of the Englischer Garten is so lovely interlaced – as a real labyrinth! Moreover, in the Englischen Garten we filmed for my programme quite a few times. Perhaps we'll see each other there some day.



Tobi Krell, moderator of children's TV programme "Tobi the Checker".

# 200 m 🧯 Munich City Museum

Do you want to know what Munich looked like in the past? Then the permanent exhibition *"Typisch München!"* (Typically Munich) in the City Museum is the place for you to go. When you feel you've learned enough about the city's history, you'll still have time to have a look at the Museum's 2.000 musical instruments or the collection of marionettes.

$\bowtie$	StJakobs-Platz 1 Tel. 089 233-22370		Adults: € 7, Students, pensioners: € 3,50
Ð	Tue-Sun: 10 am-6 pm	<b>}</b> }	Café
$\bigcirc$	Children 18 years or younger	H	Suburban trains, U3, U6 Marien- platz; U3, U6 Sendlinger Tor
$\smile$	Disabled access friendly	0	platz; U3, U6 Sendlinger Tor bus 152 StJakobs-Platz
	3-6 7-10 41-14		

# 50 m Tip: Playground on St.-Jakobs-Platz

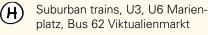
There is a small playground directly on St.-Jakobs-Platz, behind the New Synagogue and the Jewish Center. Just take some time to take a rest or play a little.

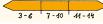
# 300 m Viktualienmarkt

Now, let's head to the *Viktualienmarkt*. The term *Viktualien* is derived from the Latin word victus which means food. The *Viktualienmarkt* used to be a farmers' market in the past. Today, delicacies from all over the world aresold here. You can just stroll across the market and have a look at all the different stands. But can you also find the six different fountains on the market? Each one of them is dedicated to a famous person from Munich. The most popular one among them is probably Karl Valentin.









# 400 m 🧦 Tip: Valentin-Karlstadt-Musäum

If you'd like to know more about this famous couple of Munich comedians and see some funny things, go to the "Musäum" located in the Isartor. You'll see some interesting inventions like the "winter toothpick" which will make your visit unforgettable.

**Recreation in Munich** 

On foot or by bike: there are so many different options for play and sports here in Munich that there's never a reason be bored. Here are some examples of how you can actively experience your city.



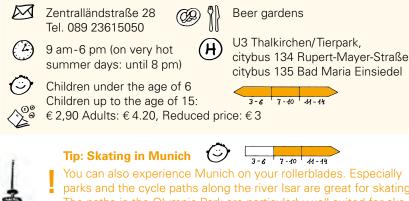
**Sports in Munich** 

# Cycling (3)

About 350 km of well-marked cycle paths give you a great opportunity to experience Munich by bike. Just take a cycling tour with your family - there's so much to discover. And if you're getting tired and the trip turns out to be too long, you can even take your bike with you on an extra ticket in the designated suburban and subway trains. If you'd like to rent a bike, just ask at the Tourist Information.

# The Natural Swimming Pool Maria Einsiedel

If you love to swim and play in the water, the natural swimming pool Maria Einsiedel is the right place for you to be. It's like swimming in a lake, without any chemical additives. The Isar Canal flows through the large park-like outdoor pool area located in the Isar wetlands. Maria Einsiedel promises a day of fun and recreation for young and old. With a 50m-pool, a large non-swimmer's pool, a playground, table tennis and a grassy soccer field, everybody will find their perfect pastime. Munich's indoor and outdoor swimming pools are always worth a visit. For more information go to: www.swm.de



parks and the cycle paths along the river lsar are great for skating. The paths in the Olympic Park are particularly well-suited for skaters: with a skater park, streetball courts, soccer fields and many playgrounds, the Park offers families a great variety of things to do! Munich's parks and the Isar wetlands are recreational areas located right in the city. If you'd like to take a mini vacation in the afternoon, you'll never have to go very far to find a place to relax and play.

# Englischer Garten (--)

The Englischer Garten (English Garden), one of the largest parks in the world, is located in the very heart of Munich. You can play, run, ride your bike, skate, have a picnic, go on a boat or just relax here. Just try and take a walk from Odeonsplatz (U5) through the Hofgarten into the Englischer Garten. You can follow the paths up to the Chinesischer Turm (Chinese Tower) or even to Kleinhesseloher See. And even when you've walked all this way, you won't have seen the whole Englischer Garten vet! Disabled access friendly.

# Westpark

The Westpark is a paradise for children and families. There's a lot to see in the different sections of the Park of Nations. Trails lead you through a versatile park with a large lake and several smaller ponds. A number of playgrounds are waiting for you to discover them. And time will fly when you're having fun at one of the countless cultural events offered.

Also, the Spielmeile (playing zone) in Milbertshofen and the Ostpark are well worth a visit!



# Tip: Eating in a Beer Garden

There is an old tradition in Munich's beer gardens: guests can bring their own food to the beer garden and eat it there. Beverages must be bought from the beer garden though. There are signs indicating which tables belong to the selfservice area and at which you can order food and beverages like in a normal restaurant.

Deutsches Museum – Planet Walk – Isar – Flaucher – Bischweiler Municipal Tree Nursery – Zoo

### 4,5 km Along the River Isar the Planet Walk

Take a stroll from the *Deutsches Museum* to the Munich Zoo ("Tierpark Hellabrunn") and discover the incredible vastness of the universe. The trail starts in the inner courtyard of Deutsches Museum at the solar station with a huge ball representing the sun. Then continue along the Isar: you'll pass information columns telling you interesting facts about Mercury, Venus, the Earth, Mars, Jupiter, Saturn, Uranus and Neptune. After 4.5 km, you'll reach the entrance of the zoo where you'll find the last station of the Planet Walk with information on Pluto. The walk will take you approximately 1 hour, but remember that every step you take here would equal roughly one million kilometers in space!

Deutsches Museum,  $\overline{M}$ Museumsinsel 1 Tel. 089 21791  $(\mathbf{H})$ (4)9 am-5 pm ( )

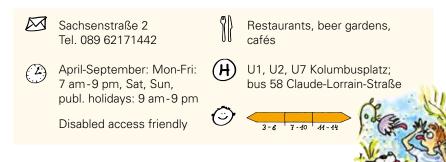
Restaurants, beer gardens, cafés U1, U2 Frauenhoferstraße,

bus 132 Boschbrücke, tram 17 Frauenhoferstraße, tram 18 Isartor

Disabled access friendly

# 2.1 km Along the River Isar – the Bischweiler Municipal Tree Nursery

In the municipal tree nursery, gardeners have created a number of theme gardens to be experienced with all five senses. In June and July for example, visitors can enjoy a colorful spectacle. The scented garden will test the abilities of your nose. In the tactile garden, you can try to feel the plants and then "read" in braille letters what it was you actually touched. The garden containing poisonous plants is also particularly interesting.



"Me and my son (12) like to go to ,our' outdoor fitness center.  $(\bigcirc$ It's called 4Fcircle, the four Fs standing for fit, free, fun, and function. It is situated in the eastern Isar wetlands, close to the Entenweiher and very easy to reach with the U1 (stop: Candidplatz). Around the clock, children, youths and grown-ups can exercise here.'





# Along the River Isar - to the Flaucher

The river lsar flows through Munich from the city's southwest to the northeast. Throughout the municipality, the river is a designated nature preserve. Since 1999, the river has been renaturated in a considerable effort, which means that it is being brought back from a straightened canal to an almost-natural course. Many new animal and plant species have found a home here and at the same time, the lsar's water quality has improved so much that you can now actually bath, play, splash around and swim in the river! But be careful: the Isar is and will always remain guite a rapid stream!

Jana Frädrich, City of Munich's Ombudsperson for Children

### Tip: Splashing around at the Flaucher

The area between Brudermühlbrücke and the Flauchersteg is called "Flaucher. This is a great place for you to play or take a rest.

2 km



The Munich Zoo ("Tierpark Hellabrunn") is a natural park situated in the nature preserve of the Isar wetlands. Founded in 1911, this was the first so-called "geo zoo" in the world. In a geo zoo, the animals are grouped according to the continents they actually come from. That way, you can guickly walk from Europe to Australia and watch the kangaroos hop around in their spacious preserve.



# Botanical Garden – Nymphenburg Palace – Museum Mensch und Natur – Hirschgarten

### **Botanical Garden**

A visit to the Botanical Garden is a great experience in all seasons! There are around 14,000 different species of plants growing along the circular paths and in the greenhouses. The Alpine Garden cultivating mountain plants from all around the world is particularly beautiful. But you also shouldn't go back home before having rambled through the Botanical Garden's fabulous fern gorge!



# 800 m Nymphenburg Palace Grounds

From the Botanical Garden, there is a direct way to get to the Nymphenburg Palace grounds. Once you're there, you will find that there is really a multitude of things to discover there: you can take a tour of the Palace itself, you can walk through the park like the nobles did 300 years ago, or you can visit the smaller pavilions in the park. When drafting the *Badeschlösschen* (Bathing Pavilion) in 1718, prince-elector Max Emanuel was inspired by the thermal baths of Turkey. Back then, he built the first heatable "indoor swimming pool" in Europe.



"I love to go skating on the Postwiese in Haidhausen (on Pariser Straße). There are some small ramps you can use with your skateboard and a large grassy soccer field."

Ferdinand, 9 Jahre, member of the Munich Team for Children's Rights



# Museum Mensch und Natur – *Museum of Natural History*

In the northern wing of the Nymphenburg Palace, you'll find the Museum Mensch und Natur, a museum of natural history. It is based on many interactive elements and is thus very interesting for young and old alike. Take part actively and experience natural history in a playful way which will be great fun! You'll see lots of impressive natural objects, replicas and models.

Ē	3	Schloss Nymphenburg Tel. 089 1795890	œ	You can eat your own food in the rooms provided.			
(	2)	Tue, Wed, Fri: 9 am-5 pm;	<b>?</b> }	Restaurant			
,		Thu: 9 am-8 pm; Sat, Sun, publ. holidays: 10 am-6 pm	(H)	Tram 17, bus 51 Schloss Nymphenburg; tram 12,			
(	3	Children and adolescents	$\bigcirc$	16 Romanplatz	T		
		up to the age of 18 Adults: € 3.50, Reduced price		Disabled access friendly	1		
Adults.		Addits. € 3.50, Neduced price	5. EZ	3-6 7-10 44-14	in		
1,2	km	Hirschgarten		all les	2		
From the Museum Mansch und Naturit's not very far to the royal Hirsch-							

From the *Museum Mensch und Natur* it's not very far to the royal *Hirschgarten* (deer garden). In 1780, prince-elector Karl Theodor had it created as a hunting ground for the nobles. Today, the Hirschgarten still features a deer enclosure with fallow deer. In this large park, you'll find lots of paths for cycling, playgrounds, a climbing wall, grassy soccer fields, a basketball court, table tennis and outdoor chess.

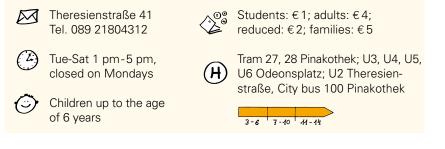




There are many different museums in Munich. Ranging from classic exhibitions to interactive museums, there is a lot to discover! Celebrations and events taking place there are great fun for the entire family.

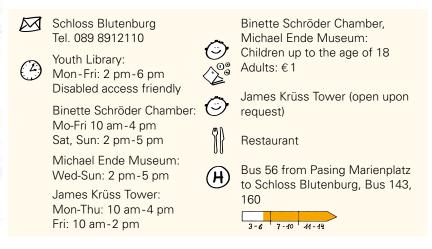
# Museum Reich der Kristalle – House of Crystals

Are you fond of crystals and gemstones? Would you like to see real moon rocks or rocks which have fallen from the sky? Then you should definitely visit the *Museum Reich der Kristalle*. In a special, dark room, you'll experience the magic sight of minerals glowing in the darkness.



# **Blutenburg Castle**

If you come to visit the International Youth Library at the Blutenburg Castle, you'll find a castle full of books! You can delve among books at the Michael Ende Museum, in the James Krüss Tower or the Binette Schröder Chamber. A multitude of events taking place at the Blutenburg Castle will give you many opportunities to hear great stories, discover lots of interesting things and get involved yourself!





### Kinder- und Jugendmuseum – Children's Museum

At the *Kinder- und Jugendmuseum*, there are lots of activities for you to take part in and a great deal of things to discover yourself! In changing exhibitions, you'll always find new things to explore.



Three times a year, the square around Mariahilfkirche in the city district of Au becomes one of the most popular places to be in Munich. A family-friendly festival and a traditional fair attract the young and the old with market stalls and "soft" rides.

Mariahilfplatz in the city district of Au

Tuesdays: family day with discounts

Maidult (starting in late April): 10 am-8 pm; Jakobidult (July): 10 am-8 pm; Kirchweihdult (October): 10 am-7 pm The rides start at 10:30 am

Tram 17 Mariahilfplatz; tram 15, 25 Regerplatz; bus 52 Mariahilfplatz; bus 62 Schweigerstraße



## Glyptothek

Many people say that the *Glyptothek* is Munich's most attractive museum. If you're interested in Greek and Roman myths, you should have a look at the museum's stone sculptures. They were made at a time when people told each other these ancient legends.



... and there's much more to discover!

Herausgeberin:

Kinderbeauftragte der Landeshauptstadt München Sozialreferat/Stadtjugendamt Prielmayerstr.1 80335 München Tel: 089 233-49745 Fax: 089 233-49755 E-Mail: kinderbeauftragte. soz@muenchen.de Internet: www.muenchen.de/ kinderbeauftragte

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